

# Healthy Food Rap.

By Sally Kee

Eat more fruit it's good for you,  
And it tastes delicious too.  
Apples, bananas, grapes and pears,  
Come on everybody,  
Try some if you dare.

Eat more veg it's good for you,  
And it tastes delicious too.  
Carrots, broccoli, cabbage and peas,  
Let's be healthy you and me!